

Snack Ideas

Kids really enjoy getting their turn to bring snacks to preschool. It gives them a sense of control and a chance for attention from their classmates. The list below are ideas of items your child might bring for snack. We encourage you to keep simplicity and good nutrition in mind.

Fruit- slices of oranges, grapes, bananas, a fruit tray

Vegetables and dip

Pretzels

Popcorn

Crackers- graham crackers, crackers & cheese, peanut butter & crackers, fishy crackers

Popsicles, Ice Cream bars, Ice Cream cups

Pudding, pudding cups

Chex mix- store bought or your family's favorite mixture

Bar cookies- rice crispy treats and other varieties

Please don't feel like you are expected to make something from scratch although kids sure enjoy helping. Cupcakes are often fun for kids but require lots of extra clean-up. Thanks for helping us out with snacks!

